

USATF-Tennessee Association Cross-Country Championships
 Saturday November 9, 2013
 Nashville, TN (Percy Warner Park – Vaughn's Gap)

Boys 3000m (8 and Under)

1	Howard Trotter	NYA	7	13:15
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Girls 3000m (9-10)

1	Ella Willow	NYA	9	13:02
2	Isabella Sleenhof	Williamson YTC	10	13:58

Boys 3000m (9-10)

1	Miles Ally	NYA	10	12:34
2	Baden Brown	NYA	9	12:53

Girls 3000m (11-12)

1	Savannah Starr	NYA	12	13:14
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Boys 3000m (11-12)

1	Jeremiah Shelton	NYA	11	12:16
2	Kolby Meadows	NYA	12	12:21
3	Ike Duffy	Unattached	12	13:45

Girls 4000m (13-14)

1	Annika Sleenhoff	Williamson YTC	14	15:32
2	Caroline Cherry	Williamson YTC	14	16:39
3	Cassie Baldwin	Williamson YTC	13	19:11
4	Sarah Ebert	Unattached	13	19:58

Boys 4000m (13-14)

1	Corey Seymour	Unattached	14	15:49
2	Conner Thompson	NYA	14	16:13
3	Brandon Watkins	Williamson YTC	14	16:18
4	Brendan Haugh	NYA	13	16:42

Girls 4900m (17-18)

1	Caroline Hampton	Unattached	17	21:13
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Boys 4900m (17-18)

1	Tanner Burnett	Unattached	17	19:32
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Open/Masters Women's 4900m

1	Sonja Friend-Uhl	Saucony	40-44	17:02
2	Samantha Mayden	Nashville Harriers		17:50
3	Ashley Evans	Nashville Harriers		18:22
4	Rachel Mudd	TNU		19:43
5	Biz McLendon	TNU		19:57
6	Lauren Carmody	TNU		20:07
7	Willow Moore	TNU		20:42
8	Jackie Sendewicz	TNU		20:45
9	Caroline Hampton	Unattached		21:13

Men's 7825m

1	Ricky Lupp	Nashville Harriers	24:24
2	Logan Rogers	TNU	24:37
3	Grant Stromberg	Unattached	25:11
4	Josh Winksie	TNU	25:27
5	Dakota Lowery	Unattached	25:36
6	Jared Daedler	Unattached	25:54
7	Corley Webb	TNU	26:18
8	Alex O'Bryan	TNU	26:19
9	Yuri van der Heijden	Unattached	26:30
10	John Woodman	Unattached	26:37
11	Taylor Fleming	TNU	26:41
12	Jeff Edmonds	Nashville Harriers	27:20
13	Ted Towse	Nashville Harriers 40-44	27:20
14	Spencer Cole	TNU	27:43
15	Josh Durham	TNU	30:13